

# WE CAN HELP YOU BALANCE IT ALL

Program is  
**FREE**  
for employees,  
spouses and  
dependents!\*



## Rx for Better Health

### A comprehensive medication management program

**Created specifically** for Norton Healthcare employees and their family members, Rx for Better Health empowers you to take charge of your health. Participants save money on prescriptions and receive assistance managing medications and chronic health conditions.

#### Program incentives

- Lower copayments on eligible medications and supplies, such as test strips, syringes, glucometers, blood pressure monitors and peak flow meters
- Access to specially trained pharmacists who will work with you and your medical provider to manage your medications and conditions
- Access to a registered clinical nutritionist who provides nutrition counseling tailored to your needs
- Convenient 45- or 60-minute virtual and in-person appointment options
- Guidance with additional resources that support your overall health and wellness goals

#### Join Rx for Better Health today!

Call Rx for Better Health at **(502) 629-8099** or email [rxbetterhealth@nortonhealthcare.org](mailto:rxbetterhealth@nortonhealthcare.org) to get started.

\*You must have a Norton Healthcare medical insurance plan to be eligible.

