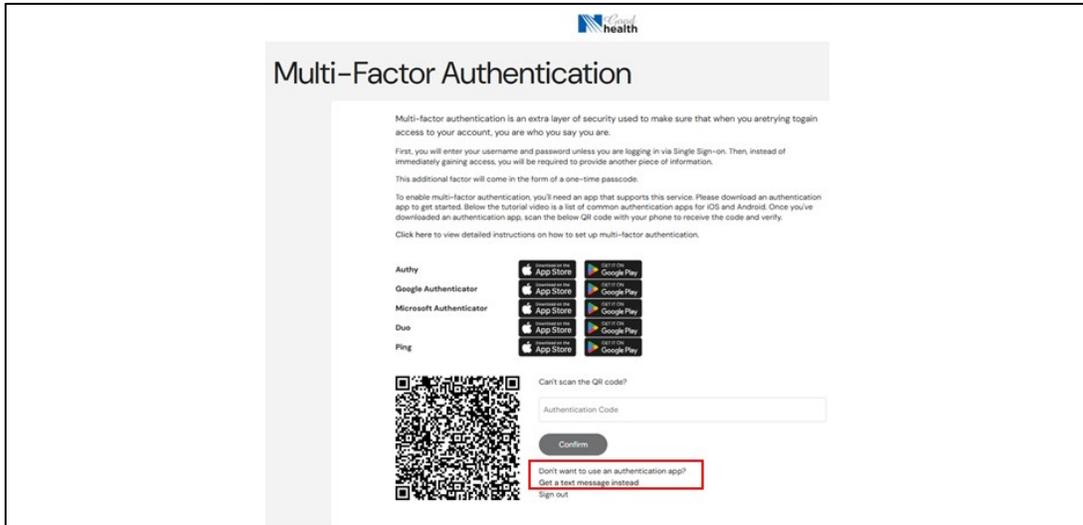


## Text authentication option now available to access the N Good Health portal.

1. Log in to your [N Good Health account](#) through a web browser. N Good Health can be accessed on any device with internet access; at home or work.  
*Note: Setup cannot be done through the Navigate mobile app.*
2. Once logged into NGoodHealth.com, view the MAF instructions and select 'Get a code sent to your phone via text message instead' at the bottom.



*\*If you prefer to use an authentication app rather than text authentication, select 'click here' to view detailed instructions on how to set up multi-factor authentication.*

3. Enter the preferred phone number for receiving text message authentication codes.
4. A code will be sent to your phone number from Navigate Wellbeing with a 515 area code. Input that code when received. Codes expire and refresh every 60 seconds. After 60 seconds select "Resend code", if needed.

Recommendation: There is an option upon logging in after MFA is enabled to "Remember this browser for 60 days." If this is checked, you will not be prompted for a code for 60 days. After 60 days you will need to complete the authentication process again to login to NGoodHealth.com. This option cannot be turned off. This option is not available on the Navigate App.

If you need assistance, call **(502) 629-2162, Option 1**, or call Navigate at **(888) 282-0822**.