

Join Trager Family Jewish Community Center

Earn with N Good Health



Earn 2 N Good Health program activity points
for each day you check in at the fitness center.

Annual maximum: 200 points

20%

monthly individual membership discount!



Membership options based on household

- Individual
- Two adults
- One adult plus kids
- Two adults plus kids

Memberships include:

- Indoor heated lap pool and family recreational pool
- 100-plus weekly group classes
- State-of-the-art equipment, including Peloton bikes, Relentless Rope, SkiErg, AssaultRower and more
- Free weights and machine weights
- Indoor and outdoor courts for basketball and pickleball
- JPLAY & JPLAY+ on-site for free child care while you work out

Join today! Take your Norton Healthcare employee badge to the Trager Family Jewish Community Center (JCC) membership office and sign up for the membership type of your choice. Discount of 20% applies to the monthly individual rate, and the dollar value can be applied to any membership level. Discount does not apply to enrollment fee.



Frequently asked questions

I am already a JCC member. How can I enjoy the membership discount?

Bring your Norton Healthcare employee badge to the member services desk at JCC to have the discount applied to your current membership.

How do I earn N Good Health program activity points?

Each time you visit JCC, scan the Norton Healthcare QR code at the membership office, fitness desk or outdoor pool. Then sign in to your N Good Health account to earn two points for that visit, for a maximum of 200 points for the year. Spouses on Norton Healthcare medical insurance are also eligible to earn points.

Location and hours

Trager Family JCC

3600 Dutchmans Lane
Louisville, KY 40205
JewishLouisville.org

Fitness center hours

Monday through Thursday, 5:30 a.m. to 9 p.m.
Friday, 5:30 a.m. to 7 p.m.
Saturday and Sunday, 8 a.m. to 6 p.m.

Membership office hours

Monday through Thursday, 9 a.m. to 7 p.m.
Friday, 9 a.m. to 5 p.m.
Saturday and Sunday, 10 a.m. to 3 p.m.

