



Join other NKDH employees for 1 of 3 Group Walks on Wednesday April 2nd

- 12:00 PM** **Meet at the main hospital campus flag pole**
- 1:00 PM** **Meet at the downtown MOB circle drive**
- 5:00 PM** **Meet at Heritage Trail** (Hilltop trail head, IDOC campus)

- ***Earn 10 points for N Good Health!***
- ***Get an "I Walked" sticker & an N Good Health give-away item!***
- ***Walkers are eligible to win 1 of 3 door prizes!***

*** NKDH off-site facilities are encouraged to plan their own group walk on Wed. April 2nd. Please email Heather, heather.foy@nortonhealthcare.org if you conduct a group walk on 4/2 at your facility. Heather can send some stickers/goodies to you for participating.

