

N Good Health can support your 2026 goals

NEW PROGRAMS STARTING SOON!

Explore today!

NEW WAYS TO EARN POINTS IN 2026:

- Designate a Beneficiary for your 403(B)-retirement account (5 points)
- Meet with a Benefits Educator (20 points)
- Join Strive for 5: A virtual weight loss support program (125 points)
- Nourish to Flourish: An engaging online nutrition series designed for building healthy habits and boosting energy (up to 100 points)
- New Hot Topic videos released throughout the year (up to 100 points)
- Financial webinars, by Principal, released throughout the year (up to 40 points)
- New Book Club topics, challenges, video courses and more!

✓ Key Dates

- Engage with N Good Health between Jan. 1 and Dec. 1, 2026.
- Monthly prize drawings April 15 - Sept. 15, for completing your N Good Health physical early.

✓ Need Help earning points or finding a program?

- Schedule a 1:1 wellness consultation!

🎯 Incentive Change for 2027:

- The maximum incentive in 2027 is \$25/pay or \$650 annually.
- Earn between 200-910 points to get financial incentives.*
- The level you achieve by Dec. 1, 2026 will determine your financial incentive in 2027.



**Employees and spouses actively covered on a Norton Healthcare medical plan are eligible for financial incentives.*

Contact Us:

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