

MARCH 1-14, 2026



ENJOY TWO FREE WEEKS AT THE Y AND THE Y @ WORK



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NORTON HEALTHCARE and the YMCA of Greater Louisville partnered to give you special savings through the YMCA Worksite Wellness partnership. When you join, you will receive:

- 100% discount on Join Fee
- Up to one month free with prorated membership
- Group fitness classes
- Discounts on swim lessons, youth sports, child development programs, camps & more
- Personalized programs

Stop by any of our 10 locations or Y @ Work fitness center, show proof of employment at the front desk, and get started on your wellness journey! Scan the QR code to explore a full list of member benefits and to find a location nearest you.



Norton Y @ Work fitness center is located at the Norton Healthcare Pavilion at 315 E. Broadway and can be reached at (502) 629-3760.

Earn 2 N Good Health program activity points each day when you scan the NHC blue QR code near the facility entrance.



THE Y @ WORK

The Y is for everyone. We offer affordable membership and program rates based on household income.