

MARCH 1-14, 2026

» ENJOY TWO FREE WEEKS AT THE Y AND THE Y @ WORK



NORTON HEALTHCARE and the YMCA of Greater Louisville partnered to give you special savings through the YMCA Worksite Wellness partnership. When you join, you will receive:

- **100% discount on Join Fee**
- **Up to one month free with prorated membership**
- **Group fitness classes**
- **Discounts on swim lessons, youth sports, child development programs, camps & more**
- **Personalized programs**

Stop by any of our 10 locations or Y @ Work fitness center, show proof of employment at the front desk, and get started on your wellness journey! Scan the QR code to explore a full list of member benefits and to find a location nearest you.



Norton Y @ Work fitness center is located at the Norton Healthcare Pavilion at 315 E. Broadway and can be reached at (502) 629-3760.

Earn 2 N Good Health program activity points each day when you scan the NHC blue QR code near the facility entrance.



THE Y @ WORK

The Y is for everyone. We offer affordable membership and program rates based on household income.